



## Research: Dream Log

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Your dreams are weird. Seriously, dreams might be really freaky, or scary, but they're always creative. The thing is, though: YOU come up with everything in those dreams. All that creative stuff comes out of YOUR brain.

So, your dreams can be the best place to get good ideas, ideas you wouldn't think of when you're awake. The key is remembering you dreams. The best way to do that is to write them down in a Dream Log.

Print out some copies of the Dream Log, and keep it by your bed. Whenever you wake up from a dream, write it down in the log. Then come back and enter your Dream Logs into the form to get certified **DR FAD** pages for your **INVENTOR'S NOTEBOOK**.

**1.** What happened in your dream?

**2.** Why is this dream worth remembering?

**3.** What in real life does this dream make you think about?